

**Ingredients:** Organic Extra Virgin Olive Oil, Cannabis Whole Plant Extract (THC), Organic Coconut Oil, Stevia



**30ml (1 oz.) Tincture Bottle with Treatment Pump. Contains a 30 day supply.**

**Disclaimer:** Nothing on this document should be taken to constitute professional or medical advice. These statements have not been evaluated by the Food and Drug Administration (FDA). These products and statements are not intended to diagnose, treat, cure, or prevent any disease.



**Safe, Effective, Relief**

**Rick Simpson™ Method  
Cannabis Oil Tincture  
(Titration Formula)**



**The Perfect Option for  
Achieving an Effective Dose!**



## Product Information



RSO Titration Formulas are designed for Cancer and Pain patients to deliver effective relief without the uncomfortable “HIGH” associated with THC. Patients start with low doses of THC and increase the dose over time to achieve the desired result.

### Dosage:

**Titration Combination 1** - 150mg THC

(5mg/ml, 1.07mg/pump)

**Titration Combination 2** - 300mg THC (10mg/

ml, 2.14mg/pump)

**Titration Combination 3** - 750mg THC (25mg/

ml, 5.36mg/pump)

**Titration Combination 4** - 1500mg THC (50mg/

ml, 10.71mg/pump)

**Titration Combination 5** - 3000mg THC (100mg/

ml, 21.43mg/pump)

**Titration Combination 6** - 6000mg THC (200mg/

ml, 42.86mg/pump)

Each 30ml (1oz) Tincture Bottle with Treatment Pump contains a 30 day supply

### Administration:

We suggest starting with 2 pumps twice per day, starting at night and increasing to 8 pumps twice per day. Follow with water.

- Week 1 - Two pumps/ Twice per day
- Week 2 - Four pumps/ Twice per day
- Week 3 - Six pumps/ Twice per day
- Week 4 - Eight pumps/ Twice per day

Adjust dosage as needed.

After seven days at the lower dosage, most people are able to increase their doses by doubling the amount every seven days. It takes the average person about 4 weeks to build up a tolerance and be comfortable taking the full amount. By using this method the body builds up THC tolerance slowly. We all have different tolerances to any medication. Your size and body weight have little to do with your tolerance for Cannabis. You should stay within your comfort zone but the faster you increase the dosage and build up a tolerance, the better the chance of reaching an effective dose. At the end of the treatment cycle most patients continue taking the titration formula but at a lower dose. If you take too much, it will do no harm. The main side effect of this medication is sleep and rest which play an important role in the healing process. Usually, within an hour or so of taking a dose, you will start feeling any effects and you may want to lie down and relax.

### Adverse Reactions:

Be aware, THC can induce psychoactive, or cerebral effects. Primary psychoactive effects include a state of relaxation, and to a lesser degree, euphoria. THC may cause a temporary increase in heart rate and appetite. Too much THC may cause unease, anxiety, euphoria or lethargy and overall discomfort. If this occurs, simply reduce the dosage. Do not operate motor vehicles and other mechanical devices while medicated. Any adverse effects will subside completely in 4 to 8 hours.

### Side Effects:

Due to the increase in heart rate a slight lightheadedness may occur. Higher doses of THC may bring on anxiety. Drinking alcohol can increase unwanted side effects. Cannabis has a lower risk of dependence compared to both nicotine and alcohol. However, everyday use of Cannabis may be correlated with withdrawal symptoms such as irritability and insomnia. However, Cannabis withdrawal symptoms are typically mild and are never life-threatening.